

MOHS SURGERY PRE-OP INSTRUCTIONS

These instructions are to be followed before and after your surgery. Please call us if you have any questions or need further clarification.

A. Aspirin Related Drugs (Stop taking 10-14 Days prior to your surgery)

For a two-week period prior to and after the scheduled date of your surgery, please do not take any medication that contains aspirin or aspirin-related products, such as ibuprofen (Motrin, Advil) as an ingredient. Aspirin has an effect on your blood's ability to clot and could increase your tendency to bleed at the time of surgery and during the post-operative period.

Notify the nurse if you are on blood thinners. We may have you check with your physician about briefly stopping them.

If you need minor pain medication, please take acetaminophen (Tylenol) or another non-aspirin medication.

The following is a list of the more common medications and substances that can increase your tendency to bleed. These should be avoided for two weeks prior to and after your surgery.

B. Antibiotics (Start taking the day before your surgery)

Please take the prescribed antibiotic twice a day (one in the morning and one in the afternoon), the day before surgery, the day of surgery, and the day after surgery. The prescription provided to you in advance of your surgery from our office. You will take a total of 6 pills.

C. Wound Care (Have these items on hand prior to your surgery for your post-op care)

1. Non-adherent pads
2. Cotton gauze (100% Cotton)
3. Paper tape (Hypoallergenic)
4. Band-Aids
5. Antibiotic ointment (Bacitracin or Polysporin)

Refer to your specific wound care instructions for more information post-surgery.

D. Surgery Day

1. **Eat breakfast before you arrive.**
2. Take your regularly prescribed non-aspirin medications. Please bring a list of your medications with you on your surgery day. Advise the nurse or doctor of any over-the-counter medications that you are taking.
3. We recommend a shower the morning before surgery and freshly laundered clothes to help reduce the risk of you getting an infection. If your surgery involves your trunk, wear a shirt or blouse that buttons up the front for ease of removal.
4. Do not apply makeup, cream, lotion, aftershave, etc. to the affected area.
5. Bring some reading material or something to keep you occupied as you may be in our office for a period of 4 hours or more.
6. We have a special waiting room with a television, refrigerator, and some snacks. **However, you may wish to bring a lunch if you need more substantial food while you are here.**
7. Please call our office if you get sick within 24 hours of your surgery.
8. Please notify us if you are allergic to any medications or have latex sensitivities.

Please don't hesitate to call our office with any questions or concerns 926-2300.