

## **CO<sub>2</sub> Fractional Laser Pre-Treatment Instructions**

- 2 Please notify us of any history of diabetes, herpes, blood coagulation disorders, keloid or hypertrophic scarring.
- 3 Discontinue sun tanning, use of tanning beds and any application of sunless tanning products one month (4 weeks) before your treatment. Basically, stay out of the sun as much as possible.
- 4 Discontinue the use of Retin-A or any retinol-type products at least 1 week prior to your treatment.
- 5 Discontinue the use of: exfoliating products, glycolics and alph-hydroxy acid products 1 week prior to your treatment.
- 6 Wait at least two weeks after Botox injections before having a fractional CO<sub>2</sub> laser treatment.
- 7 You will need to purchase brand new skin care products for use 3-4 days after your treatment. These include a mild facial cleanser, a high quality sunblock (zinc or titanium dioxide of greater than 10%) and makeup or foundation if you use it. You will also need to clean or get new application sponges or brushes. The most common reason for infection or acne eruption is use of home products that have accumulated bacteria.
- 8 You will need to purchase Aquaphor Ointment. This ointment will be applied to the treated area as part of your home care. Aquaphor can be purchased at your local drug store. (i.e. Walgreens)
- 9 Take 1 antiviral medication twice per day starting the day before your appointment until running out of medication (prescribed by Doctor or Nurse).
- 10 If your skin is sensitive, the Doctor or Nurse can prescribe you a pain killer medication to take the morning of your appointment (at the practice). Please schedule to have someone give you a ride home.
- 11 On the day of your treatment, please come to the office with clean skin. Your treatment area should be free of any makeup, creams, perfumes and lotions.

*Please do not hesitate to call our office if you have any questions or concerns regarding this treatment.*